

**How R U
today?**

**Cyber
Mentors**



Being bullied?
Worried about something?
Want to talk to someone your own age?

CyberMentors are young people just like you,
specially trained to give help and support online.

CyberMentors is a Beatbullying project.
Beatbullying is Registered Charity No. 1097631.

cybermentors.org.uk